

myBonneyLake

Your guide for recreation

Winter 2023
Recreation Guide

Mark your calendars!
Tree Lighting Festival

Photo courtesy of Jim Grasley



BONNEY
Lake

CITY OF BONNEY LAKE
PARKS
REC
SUMNER - BONNEY LAKE
SCHOOL DISTRICT

YOUTH SPORTS

•PeeWee Basketball for Ages 3 thru 6

Register early so you don't miss out on all the fun! This very popular coed program is for children ages 3 to 6. There are two divisions offered; 3/4 year old division and 5/6 year old division. Score is not kept and the emphasis of the program is on learning and having fun. Program runs exclusively on Saturday mornings, practice on January 14, a jamboree on January 21, followed by 4 league games between January 28 and February 25. Program times will run between 9:00AM and 1:00PM. Coaches will be provided schedules/times prior to first practice. If you have a coach or friend request please make a notation on your registration form. We will do our best to accommodate requests but they are not guaranteed. Please bring a water bottle.

Registration deadline is Friday- December 30

Cost: \$55 Includes T-Shirt (\$50 Sumner/BL resident)
\$10 additional after December 30th
(if space available)

Site: Local Elementary Gymnasiums



•After School Volleyball Camp for Grades 4 & 5 (only)

This popular program introduces the basic fundamentals of volleyball and team play and is open to in-person Sumner-Bonney Lake School District students only. Register early as spots are limited (30 per school). Students will develop fundamental skills in a fun, active and purposeful camp atmosphere. A sports physical is not required to participate. Program runs two afternoons (directly after school) per week and culminates with an all district jamboree. Please note on your form if your child needs an EPI or inhaler.

Please wear non-marking tennis shoes and bring a water bottle.

Registration opens: February 8 - ALL forms to be turned in to the Recreation office either mail or email.

Deadline: February 28 (or when max number has been reached)

Days: Tuesday and Thursday (subject to coach's schedule)

Dates: March 14 - April 20

No Camp during spring break March 28 - April 7

Time: Directly after school (check with your school)

Camp runs 60-90 minutes, depending on coach

Cost: \$55 Includes T-Shirt

\$65 after February 22 if space is available

Site: Local Elementary school gymnasiums



Volunteer Coaching -Making a Difference

Please consider volunteering to coach your child's team. We are always looking for volunteer coaches to coach our pee wee and youth sports. You can make a difference and make some great memories for your child at the same time. Please contact the Recreation Department for further information or make a notation on your registration form that you are interested in coaching your child's team.

Coaches will contact players after they have completed the volunteer clearance process. Coaches receive a team t-shirt. Coaches must be CPR/First Aid certified, pass a background check and follow all City of Bonney Lake volunteer guidelines. If interested in coaching, please let the office know as soon as possible.

We would like to give a special thank you to Land O'Frost Youth Sports for their generous sponsorship of our youth sports leagues.



Please visit the Land O'Frost website, as each visit enables the Sumner/Bonney Lake Recreation Department to receive sponsorship

The Land O'Frost website has additional information about Land O'Frost Youth Sports and special savings opportunities and coupons.

www.landofrost.com/youthsports

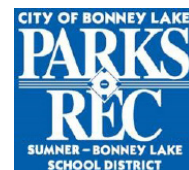
Choose Area: "Tacoma"

Choose League: "Sumner Parks and Recreation"

•Help Wanted - Youth Sports Officials

The Recreation Department is hiring for our upcoming pee wee basketball and youth basketball seasons. Minimum age requirement is 14 years of age. If you are interested in joining our team, please apply online at:

www.citybonneylake.org



Click "Employment" and then the "Government Jobs" tab and scroll down to "Youth Sports Official" and start your application. Please email our office at: zerl@COBLus after completing your online application to schedule an interest appointment.

YOUTH CLASSES

•Gymnastics Classes - Ages 1-12

Bars, beams, floor and more! Coaches instruct gymnasts through various skills in a safe and fun manner. Gymnasts will also learn strength, flexibility, balance, and positive self-image.

All classes Minimum 3, Maximum 8

Tiny Stars: (Coed - Ages 1 to 3) Parent/tot introduction to gymnastics. Fine and gross motor skill development with hands-on parent assistance.

Mini Stars: (Coed - Age 4) Fine and gross motor skill development and beginning tumbling skills.

Mighty Stars: (Girls - Ages 5 & 6) Gymnasts will master basic tumbling skills and be introduced to vault, bars, balance beam and floor exercise and simple routines.

Girls Beginner: (Ages 7 to 12) Gymnasts continue with basic skills on vault, bars, beam and floor learning a foundation for moving to higher levels.

Dates: Fridays: Session 1: December 30 - January 20
 Session 2: January 27 - February 17
 Session 3: February 24 - March 17
 Saturdays: Session 1: December 31- January 21
 Session 2: January 28 - February 18
 Session 3: February 25 - March 18

Times: Tiny Stars: **Friday class 5:30 to 6:10PM**
 Mini Stars: **Friday class 6:15 to 7:00PM**
 Mighty Stars: **Friday class 6:00 to 7:00PM**
 Girls Beginner: **Saturday class 9:00 to 10:00AM**

Cost: Tiny Stars \$80 Mini Stars: \$90 per 4-week session
 Mighty Stars & Girls Beginner: \$105 per 4-week session
 *Additional \$5 per session for those outside Sumner-Bonney Lake School District.

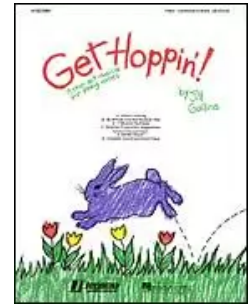
Site: Ascend Gymnastics - Sumner
 1627 45th Street E, Bldg. D-103, Sumner



Gymnastics



Spring 2022 - Gone Fishin'!



•Off Broadway Drama Program - Ages 6-11

Join the cast of a mini-play! All participants will act on stage in full costume. Instructor, *Judy Shufelt*, has a Bachelors degree in Theatre and is a certified K-12 teacher.

Minimum of 10 participants.

Get Hoppin'! A musical by J. Gallina

Little Bunny Sue refuses to hop. Mother and Father Bunny don't know what to do. Bunny Sue meets some birds and fish in the forest and finally figures out just what makes her hop.

Dates: January 12, 12, 17, 19, 24, 26

Time: 6:00 to 7:30 PM

Cost: \$85 per session (\$80 for Sumner/BL residents)

Site: Victor Falls Elementary Commons
 11401 188th Ave Ct. E, Bonney Lake



Thank you to our Fall/Winter Sports Sponsors



Flag Football

Cascade Orthopaedics - Excel Drywall
 - Sumner Lawn & Saw - OnSite Real Estate Group

Volleyball

Poe Construction - McCartney Industries

Our Before & After School Activities Program serves children who attend the following elementary schools: Bonney Lake, Crestwood, Daffodil Valley, Donald Eismann, Emerald Hills, Liberty Ridge, Maple Lawn, Victor Falls and Tehaleh Heights. Before & After School activities include games, arts and crafts, group games and much more!

Summer will be here before we know it and that means it is time to start thinking about summer plans.

Summer Action Day Camp - Weekly theme based activities, arts, crafts, games and loads of fun. Come, join us and learn new games, make new friends and have the best summer ever. Program is for children completing grades K through 5.

Check for current program information and updates at:

https://www.ci.bonney-lake.wa.us/government/departments/Executive/Recreation_Program

Tentative date Summer Action Day Camp Registration Information - April 5, 2023

Tentative date for 2022-23 Before & After School Activities Program Registration Information - June 10, 2023

YOUTH CLASSES

•Babysitters Classes for Ages 11-15

Boys and girls, come for a day of fun while earning your Super Sitters Certificate! This class will cover leadership and the business of babysitting, basic care for children, understanding children of different age groups, safety and first aid. Bring a peanut-free sack lunch and a snack to class. Min, 10 Max. 30

You must pre-register for this class, no registrations taken at the door.

Date: Saturday, January 28, 2023
Times: 9:00AM - 2:00 PM
Cost: \$85 (\$80 for Sumner/BL residents)
Site: Daffodil Valley Elementary School Gym
 (enter at NE corner of the school)
 1509 Valley Avenue, Sumner



•Safe at Home for Ages 8-12

This two-hour course is designed for children to learn about potential dangers when home alone. Learn how to be responsible and safe in any situation. We will cover family communication, first aid, internet, gun, phone, fire and door safety. Min, 10 Max. 30

You must pre-register for this class, no registrations taken at the door.

Date: Saturday, January 28, 2023
Times: 2:00 - 4:00 PM
Cost: \$40 (\$35 for Sumner/BL residents)
Site: Daffodil Valley Elementary School Gym
 (enter at NE corner of the school)
 1509 Valley Avenue, Sumner



•Powers Kids Karate- Ages 5 - 9

Children will learn basic punches, blocks, kicks, forms and self-defense techniques with an emphasis on self-discipline, focus, self-confidence and respect. We will discuss topics such as "stranger danger", awareness and bullying in a fun and safe atmosphere. Age variation spread is at the discretion of the instructor. Instructor, *Garrett Powers*, is a black belt, Isshinryu Karate.

Days: Mondays and Wednesday, ongoing January 4 - June 14
 No classes if school is closed (winter break, spring break, etc.)
Times: 5:30 - 6:30PM
Cost: \$50 per month for individual (\$45 for Sumner-BL residents)
 \$40 per month for each **add'l** family member
 (\$40 for Sumner-BL residents)
Site: Emerald Hills Elementary Gym
 19515 S Tapps Dr. E, Bonney Lake



•Junior Karate- Ages 10 thru 12

Train in Isshinryu Karate, a traditional martial art from Okinawa. Junior Karate will focus on fitness, coordination, self-confidence, courtesy and respect. Learn karate techniques, forms and self-defense skills. Earn belt promotions and compete in optional regional tournaments. Have fun in a safe and positive class setting. Instructor, *Michael Osborn*, is a 6th degree black belt, Isshinryu Karate.

Days: Mondays and Wednesday, ongoing Jan 4 - June 14
 No classes if school is closed (winter break, spring break, etc.)
Times: 5:30 - 6:30PM
Cost: \$55 per month for individual (\$50 for Sumner-BL residents)
 \$45 per month for each additional family member
Site: Donald Eismann Elementary Gym

•BLHS Dance & Drill Classes - Grades K-5

Join the Bonney Lake High School Dance Team for weekly dance classes. Classes will focus on ballet bar, across the floor technique, turns, leaps and jumps. Dance class attire: leggings/shorts and jazz or tennis shoes. Hair must be pulled back out of face into a pony or bun. Please bring a full water bottle. All classes will be taught by trained BLHS Drill Team students and coaches.

Performance on February 7th (details to follow).

Day: Tuesdays
Dates: Jan 3 - Feb 7
Time: 5:45 - 6:45PM Grades K through 3
Cost: \$70 per session, includes BLHS performance bow.
Site: Bonney Lake High School Commons



•BLHS Dance Classes- Grades 6-8

Join the Bonney Lake High School Dance Team for weekly dance classes for middle school students. Classes will be offered every Wednesday, January through April. Learn team skills: toe touch, leaps, jumps, turns, pom routine and a parade routine. Dance class attire: leggings/shorts and jazz or tennis shoes. Hair must be pulled back out of face into a pony or bun. All classes will be taught by trained BLHS drill team students and coaches. Will perform at the Sumner Daffodil Parade on Saturday, April 1st, 2023

Days: Wednesdays
Dates: Jan 4 - Apr 12
Time: 5:00 - 6:30PM Grades 4 through 8
Cost: \$130 per session
 Includes t-shirt and poms
Site: Bonney Lake High School Commons
 10920 199th Sbe Ct E, Bonney Lake

•Indoor Play Park for Toddlers & Pre-K

Everything is set up with children ages 1 - 5 in mind. We have music and toys for fun in a safe indoor environment. A parent, guardian or adult caretaker (in loco parentis) must be present to supervise the child in their charge at all times. No more than 3 children per adult. Indoor park runs September through June 8 and follows the Sumner-Bonney Lake School District calendar (not held during breaks and holidays). Limited to the first 30 children.

Days: Tuesday & Thursdays (opening on September 15)
Time: 9:30 - 11:30AM
Cost: Pass/punch card only: 10 visits - \$40 (\$5 less if S/BL resident)
 5 visits - \$25 (\$5 less if S/BL resident)
Site: Robert Miller Gym - Sumner (behind Daffodil Valley Elementary)





SPECIAL EVENTS

•Our Classic Father/Daughter Dance

A magical evening awaits you and your child(ren) at our Father/Daughter Dance! Plan to make wonderful memories while

dancing to great music! There is a raffle with fun prizes donated by local businesses! Children along with their dad, uncle, grandfather or other role model can capture the night with free 4X6 professional photographer (additional photos available for purchase). Don't miss out on this special event to create a lifetime of memories.

Space is limited so don't wait to register!

Pre-registration required by February 1st.

Date: Saturday, February 11

Time: 6:00 - 8:00PM

Cost: \$45 per couple (add'l \$5 if outside Sumner-BL School Dist.)
\$15 for each additional child

Site: Lakeridge Middle School Commons
15909 Myers Road E, Bonney Lake



•Tree Lighting Festival - December 3

Join the annual tree lighting live on **Saturday, December 3rd at 6:00PM** (Public Safety Building). Bonney Lake Elementary choir will be providing festive music! *Events are subject to change. Please check the City's online calendar to confirm details: www.cobl.us/events

ADULT CLASSES

• Dog Obedience Training

Does your dog jump up on people or won't come when called? Barge through the door before you? Can't walk nicely without pulling on a lead? If any of these issues are true for your dog, then it is time for dog obedience training! Classes are offered for all dogs ages 3 months and older. Vaccination records required. Class taught indoors. One human per dog, masks required for humans. *Instructor: Jim Grasley*

Basic Training: We teach you techniques to get your dog to be polite and well behaved. Review of household manners, management techniques and common problems such as jumping up, digging, and chewing the wrong things, etc. Cues such as *Down, Stay, Give, Settle, Come, Leave It, Sit* and Loose-lead walking will be taught. Socialization with other dogs and humans is emphasized.

Intermediate Training: For all dogs that have completed the Basic course or have instructor's permission. Builds on previous learned behaviors and develop reliable consistent results. More socialization, off leash walking and agility introduction included.

Dates: Saturdays

Session 1: Jan. 14, 21, 28, Feb. 4

Session 2: Feb. 11, 18, 25, March 4

Session 3: March 11, 18, 25, April 8

Time: Basic: 2:00 - 3:00 PM

Intermediate A: 3:00 - 4:00 PM

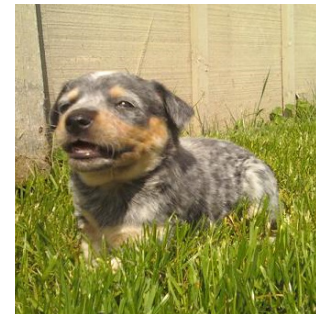
Intermediate B: 4:00 - 5:00 PM

Cost: \$125 per dog (\$120 Sumner/BL resident)

Site: Robert Miller Gym (inside)
Behind Daffodil Valley Elementary, Sumner



Photo courtesy of Jim Grasley



•Karate- Ages 13 to Adult

Train in Isshinryu Karate, a traditional martial art from Okinawa. Learn karate techniques, forms and self-defense skills. Earn belt promotions and compete in optional regional tournaments. Benefits include fitness, confidence, self-discipline and fun all in a safe and positive class setting. Great for teens, adults and seniors. Instructor, *Michael Osborn*, is a 6th degree black belt, Isshinryu Karate.



Days: Mondays and Wednesday, ongoing Sept. 7 - June 14
No classes if school is closed (winter break, spring break, etc.)

Times: 6:30 - 7:30PM

Cost: \$55 per month for individual (\$50 Sumner/BL resident)

\$45 per month for each additional family member

Site: Donald Eismann Elementary Gym
13802 Canyon View Blvd E, Bonney Lake

**In case of inclement weather, we follow the Sumner/Bonney Lake School District closures.*



2023 Winter Registration Form

Mail In

Mailing address only

City of Bonney Lake Rec. Dept.
9002 Main St E, Ste 200
Bonney Lake, WA 98391

Walk In

Robert Miller Gymnasium:

Located behind Daffodil Valley Elem.School
(15206 Daffodil St Ct E Sumner)

Scan / Email In

Scan form to: recreation@cobl.us

Call in your Visa/MC information **after** emailing your form.
Phone (253) 891-6500

Parent or Guardian Full Name: _____

Street Address: _____ City: _____ Zip: _____

Contact Phone #1: (____) _____ Contact Phone #2: (____) _____

E-mail (please print clearly): _____

Reside In: ☐ Sumner/Bonney Lake School District Boundaries ☐ *Bonney Lake City Limits
☐ *Unincorporated Pierce Co.(Add \$5 per program) ☐ *Other (Add \$5 per program)



Participant Name	Age	Grade	School	M/F	Time/Session	Activity Description	\$\$ Fee \$\$
If applicable, would you like to coach?						Coach/Friend Request:	

Please check appropriate t-shirt size: (if applicable) NOTE: T-shirts tend to run small

Sub-Total \$ _____

____ Youth X-Small (2-4) ____ Youth Small (6-8) ____ Youth Medium (10-12) ____ Youth Large (14-16)

*Non-Resident Fee(s) \$ _____

____ Adult Small (34-36) ____ Adult Medium ____ Adult Large ____ Adult X-Large

Total Amount Enclosed \$ _____

**We provide reasonable accommodations for those with disabilities. Please contact the Recreation Office two weeks in advance of program

I assume all risks and hazards of the conduct of the program and release from responsibility any person providing transportation to and from activities. In case of injury, I do hereby waive all claims of legal actions, financial or otherwise, against the City of Bonney Lake or the Sumner-Bonney Lake School District. In absence of signature, payment of fee and/or participation in the program shall constitute acceptance of the conditions set forth in the release. I grant full permission to use any photographs, video tapes, motion pictures, recordings, or any other records of this program for promotional purposes. The City of Bonney and Sumner-Bonney Lake School District does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities.

In signing below, I attest that as a participant or parent/guardian of a program participant, I will not attend class or allow my child to attend class if I/we have any of the concerning symptoms noted below, or someone in our household has any concerning symptoms listed below, or has a known positive Covid-19 case. Concerning symptoms disallowing participation in class/camp or program (per Washington DOH guidelines): Cough, headache, fever of 100.00 or higher or a sense of having a fever, congestion or runny nose (not related to allergies), new loss of taste or smell, muscle or body aches, nausea, vomiting or diarrhea, chills, unusual fatigue or sore throat.

Signature of Participant or Parent/Guardian if Participant is under 18 years of age _____

Registration Information

•Pre-registration and payment of fees in advance is required for all programs and to be placed on the class/team roster. Please put dates/times of all clinics, camps and classes on your calendar and attend as you will **not** receive a reminder notification. No refunds issued for missed classes, camps or clinics. League registrations will receive phone notification from the coach detailing practice schedules after the deadline.

•Register by mail or e-mail. No telephone registrations accepted but payment may be taken over the phone. (Visa/MC Only)

•Confirmations and/or receipts are not sent.

•Registrations are processed on a first-come, first-served basis. If the class is full when we receive your registration form, we will let you know.

•Please make checks payable to City of Bonney Lake. A \$35 service fee is incurred for all checks returned NSF (non-sufficient funds).

•All program fees include applicable sales taxes.

Program policies and maximum participation subject to Covid-19 updated guidelines.

•Classes are subject to cancellation if minimum enrollment is not met. If class is postponed, rescheduled, or cancelled, a full refund will be made. No refunds issued for missed classes, camps or clinics. All other refunds incur a \$15 processing fee plus any other expenses. Refund requests must be in writing to: recreation@cobl.us

***To qualify for a Resident Fee, families & youth must attend Sumner-Bonney Lake School District schools or live within the City of Bonney Lake. All other addresses are considered non-residents and require an additional \$5 fee per offering.**

**This class schedule is published for information purposes only. The Recreation Department reserves the right to make any necessary changes in the content and provision of the class descriptions or schedules without notice.*

Your Recreation Staff:

Rich Hanson, Recreation Manager
Alex Latham, Recreation Coordinator
Laura Zerr, Recreation Coordinator

